P. 5A By Yu

Food

(C) Base on the information chart on p.2, write some comments on your partner's eating habit. Give some advice to him / her if necessary.



yen

Carson does not have a balanced diet.
He does not have enough grains suchas rice and
noodles. He should eat more grains. He does not
have enough vegetables. He should eat more vegetables. He does
not have any fruit. He should have more fruits like apples
and pears.
1-le eats enough fish. He is healthy. He does not
have any dairy products. He should drink more milk.
Ite does not drink any water. He should drink more
water. He eats too much sweet food He shouldn't eat
too much sweet took. I think he does not have a good
eating habit because he does not have any fruit and
Water.