

P.5A By Annie

Food

(C) Base on the information chart on p.2, write some comments on your partner's eating habit. Give some advice to him / her if necessary.



Suen

Suen Ng does not have a balanced diet. ✓

She has enough grains such as cereals and rice. She has enough vegetables. She is healthy. She does not have any fruit.

She should have more fruit like oranges and apples.

She has enough fish and meat. She has a good eating habit.

She does not have enough dairy products. She should have more dairy products like milk and cheese.

She does not drink any water. She should drink more water. She does not have any fast food and soft drinks. She is good.

She does not have a good eating habit because she does not have any fruit and water. She should eat more fruit and drink more water.